An Unpublished Poem by William Morris

By R. C. Ellison

(Assistant Lecturer in English, University of York)

Thanks to the assiduous literary executorship of his daughter, May Morris, there is very little of William Morris's work which has escaped publication, or at least description, in the twenty-four volume Collected Works or the two volumes of biography, William Morris: Artist, Writer, Socialist. There is, however, one untitled poem of fifty-six lines, surviving in two manuscript drafts, which is of particular interest to those lovers of Morris who also have some knowledge of Old Icelandic; for it is written in sufficiently close imitation of eddic metres and Norse poetic conventions for both manuscripts to have been catalogued as translations. May Morris certainly knew this poem, and probably intended to publish it, for British Museum Add. MS. 45318, willed to the museum by Miss Morris, contains both the rough draft of the poem and two letters from her to Dame Bertha [Philpott] which seem to refer to it.

The relations between Mrs. Morris and Dante Gabriel Rossetti will be finally made clear only when their correspondence becomes available to readers in the British Museum; but Oswald Doughty (A Victorian Romantic, Muller, 1951) has convincingly shown that there was an affair which reached a climax between 1871 and 1874. It was against Morris's deepest principles to interfere, and this fact, coupled with his reticence in conversation and correspondence, persuaded some of his circle that he was uncaring; yet this unpublished lyric is an outspoken and poignant expression of regret Morris maintained as a veil the pretence of being only the translator of the poem, by signing the fair copy 'Vilhelm Vandergay', a wry joke and no great disguise, for 'Vilhelm' is 'William', and 'Vandergay' is the nickname of a famous poet of the times, rendered by Morris in the Heimskringla as 'Troublesk aid'. (It may be conceded that Morris earned the nickname as fairly as ever its original owner did.) It was the concern
If God for me
The ghosts would quicken
Of Odin's fellows,
The old abiders
In the land of Naddod,
To live a life there
Too short for sorrow,
Too loud with sword-clash
For any weeping.

Might the world go backward?
Then, Roses' Freya,
Soon were I faring
Along the way,
That leads to Valhall,
Long rest before me,
And my right hand holding
A story maybe?
To give to Odin.

For soul is waxen
That world the gods made,
And I—I help nought
Nor holpen am I.

But all are gone by,
And the edge-play is over
And the long frost is fallen upon them.
There the wind wails ever
Without a story;
No whither the sea's way leadeth.

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* Iceland (Morris's note). Naddod the Viking was one of the first two Norsemen to discover Iceland.

* This line is missing from B.M. and there is no paragraph division. Although not absolutely required by the sense, the line is necessary to the alliteration.

* Freya is the goddess of beauty. Roses' Freya thus = beautiful woman. According to Snorri's Edda (Skaldskaparmál, 31) women are called in kennings by all feminine tree-names', but 'rose' does not occur in any recorded kenning. Is it too far-fetched to catch, in this apostrophe to Janey Morris, an echo of her lover's name?

* B.M. 'And in my right land Maybe a story'. For the sake of alliteration I should prefer to restore 'glory' for the 'story' of the fair copy, though the latter makes clearer sense. 'Glory', however, might be regarded as a 'heiti' (a simple synonym as opposed to a kenning) for 'poem'—cf. Skaldskaparmál, 55, on the synonyms for poetry.

* B.M. And I help not.

* The metre here changes to an imitation of the eddic jódekk, or 'chant-metre', in which each pair of short lines is followed by one three-stress line, alliterating internally, and six lines form a stanza.

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of all Morris's friends and family to avoid open scandal, and it is clearly for this reason that May Morris decided against publishing this poem as soon as she understood (presumably from Dame Bertha) its real import. I would suggest that the poem was written in 1873, shortly before Morris's second trip to Iceland, during which Janey Morris and Rosetti were both living at Kelmscott Manor. A later date seems unlikely, as on his return to England in 1873 Morris definitely resolved not to go to Iceland again, while the kenning 'wave-swine' for 'ship' in line 6 seems to be borrowed from a verse in the saga of Harald Greylock in Heimskringla, which he began to translate at the very earliest in the summer of 1872.

The reader who has no knowledge of the Old Norse idioms which Morris uses may find parts of this poem a little obscure. I have therefore appended notes on the kennings (periphrastic and enigmatic metaphors constructed according to strict convention, conveniently set out for the instruction of aspiring scholars, or poets, in the Prose Edda of Snorri Sturluson); and when these are understood, the reader will have no difficulty in appreciating the beauty and pathos of the poem. The following text is printed from the fair copy, MS. J 150 in the William Morris Gallery, Walhamstow, by kind permission of the Borough Librarian, and notes are given on the variants found in the rough draft (B.M.).

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1. A standard kenning for 'woman' found, for example, in Grettir the Strong, ch. 47. The reader must not make the mistake of supposing Morris to be addressing any but a mortal woman—in this case his wife. The metre of this first stanza is an imitation of the early eddic fornlendinga eikjennungum, the metrical unit is a short line of two metrical units, corresponding to the half-line of Old English epic metre, the lines being joined in pairs by acausal alliteration.

2. Iceland (Morris's note). Cf. i Maðraksfirst = in the roof-firth.

The deeds they did
Are as hopes foredone
Cumbering the heart with curses.¹
Have ye not heard
How hard they wrought?—
—And lo, the world ever worsenth.

Yet these are they
I must turn to now,
The dead—Yea the dead forgotten.
Fair friends were they
Were they alive;
And now for me most friends it may be.

O Rhine-fire’s goddess;²
This wretched trickle³
Of Kvasir’s mead,⁴
(The last it may be)
Thy skald now poureth;
Still praying pardon
For fainting heart
And tongue grown feeble,
Since nought he helpeth
Nor holpen is he.

¹ B.M. Cumbering the world with curses.
² A compound version of the kennning in line 1. Gold is ‘fire’ because it shines, and ‘Rhine-fire’ by reference to the story of the Nibelung hoard.
³ B.M. This wretched trickling.
⁴ Kvasir’s mead = poetry. Strictly this should be ‘Kvasir’s blood’ or ‘dwarf’s mead’; mead brewed by the dwarfs from the blood of Kvasir bestowed the gift of poetry on a man.